



# Children, ICT and e-Safety

## Information for parents and carers



## Using the internet safely at home

Whilst many Internet Service Providers offer filtering systems to help you safeguard your child at home, it remains surprisingly easy for children to access inappropriate material including unsuitable texts, pictures and movies.

Parents are advised to set the security levels within Internet Explorer with this in mind. Locating the computer in a family area, not a bedroom, will enable you to supervise children as they use the Internet.

However, don't deny your child the opportunity to learn from the wide variety of material and games available on the Internet. Instead set some simple rules for keeping them safe and make sure they understand their importance.

## Simple Safety Rules

To keep your child safe they should:  
ask permission before using the Internet

- only use websites you have chosen together or a child friendly search engine
- only email people they know, (why not consider setting up an address book?)
- ask permission before opening an email sent by someone they don't know
- not use Internet chat rooms
- not use their real name when using games on the Internet, (create a nick name)
- never give out a home address, phone or mobile number
- never tell someone they don't know where they go to school
- never arrange to meet someone they have 'met' on the Internet
- only use a webcam with people they know
- tell you immediately if they see anything they are unhappy with.

## Using these rules

Go through these rules with your child and pin them up near to the computer. It is also a good idea to regularly check the Internet sites your child is visiting e.g. by clicking on History and Favourites. Please reassure your child that you want to keep them safe rather than take Internet access away from them.

For further information go to:

**CEOP:** [www.ceop.gov.uk](http://www.ceop.gov.uk)  
**Think U Know:** [www.thinkuknow.co.uk](http://www.thinkuknow.co.uk)  
**Childnet:** [www.childnet-int.org](http://www.childnet-int.org)



## The purpose of this guide

Children today are increasingly using Information & Communication Technology (ICT) in schools and in the home. This guide explains:

- How your children are using ICT in school.
- How using ICT in the home can help children to learn.
- How children can use the Internet safely at home.
- Where to access further information.

## How your child uses ICT at school

ICT in schools is taught as a subject in its own right and also supports children's learning in other subjects, including Welsh, English and mathematics. Within ICT lessons children learn to use a wide range of ICT including:

- **Word Processing** to write stories, poems or letters
- **Databases** to record information, e.g. minibeasts
- **Spreadsheets** to create tables, charts and graphs
- **Desktop Publishing** to design posters, leaflets or cards
- **Multimedia Presentation** to present text, pictures and sound
- **Drawing Programs** to create pictures and designs
- **Internet and CD-ROMs** to find information
- **Email** to contact children and teachers in another school
- **Digital Cameras** to record what they have done in class or on a visit
- **Electronic Sensors** to record changes in light, sound and temperature
- **Controllable Robots** to give instructions and make something happen
- **Simulations** to explore real and imaginary situations
- **Website Publishing** to present ideas over the Internet.

## Benefits of using ICT at home

Home use of ICT by children:

- improves their ICT skills
- offers them choice in what they learn and how they learn it
- supports homework and revision
- improves the presentation of their work
- connects learning at school with learning at home
- makes learning more fun.

All this can lead to better performance at school and an improved standard of work.

## How learning at home with ICT benefits students

- used effectively, ICT can improve children's achievement
- using ICT at home and at school develops skills for life
- children with supportive and involved parents and carers do better at school
- children enjoy using ICT
- using ICT provides access to a wider and more flexible range of learning materials.

## How you can help your child at home

ICT is not just about using a computer. It also includes the use of controllable toys, digital cameras and everyday equipment such as a tape recorder or DVD player.

Children can be helped to develop their ICT skills at home by:

- writing a letter to a relative
- sending an email to a friend
- drawing a picture on screen
- using the Internet to research a class topic
- planning a route with a controllable toy
- using interactive games.

A selection of companies offer school software for use at home.

